$V_{\rm ud}$ from mirror transitions and experiments with atom and ion traps

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The V_{ud} element of the Cabibbo-Kobayashi-Maskawa quark mixing matrix fixes the strength of the weak interaction in semi-leptonic processes involving the *u* and *d* quarks. A new set of nuclear transitions has been considered recently to extend the possible sources for the determination of V_{ud} . These are super-allowed β transitions between T=1/2 isospin doublets in mirror nuclei, which are driven by both, the vector and the axial-vector components of the weak interaction. The extraction of V_{ud} requires, in addition to the determination of the *Ft*value, the measurement of an additional correlation coefficient in those mirror decays. Several such measurements have been recently carried out using atom and ion traps.

In this presentation I will review the status of the extraction of V_{ud} from nuclear mirror transitions and discuss recent results in the measurements of spectroscopic quantities as well as future prospects for the determination of correlation coefficients.